Door-to-door Services by Aman CHWs

- About 85.3% MWRA were aware of the services of CHWs; of these, about 79% reported household visit(s) by CHWs.
- Sharing of information by CHWs were on the benefits of family planning (86%) and methods of family planning (78%).
- A small number of MWRA reported CHWs sharing about side effects of family planning, their remedies and about the referral facilities in Korangi Town.

Conclusions / Recommendations

- The use of modern methods of contraceptive has increased at all the stations of Korangi Town. However, still a large proportion of family planning users practice traditional methods.
- Among modern methods, condom is the most commonly used method. It is advised to promote other more effective methods.
- Knowledge imparted on side effects is low; trainings on counseling and management of side effects is advised for CHWs and other providers.
- Field Station 6 needs more efforts in improving the contraceptive use. It is advised to identify the barriers and their solutions.
- CHWs of Field Station 6 need trainings and monitoring as community services provided by them are at the lowest as compared to other field stations of Korangi Town.
Reproductive Health Characteristics

- About 49% women have 4 or more children.
- About 41% women chose private health facility for their last delivery.
- About 16% women adopted any contraceptive method between 48 hours to 42 days of post-partum period.
- Condom was the preferred method of contraception (44.8%) for post-partum family planning and for post-abortion family planning (56.8%).
- Majority of women who had miscarriage/abortion visited private facility for post-abortion care (65.5%).

Current Contraceptive Use

- At midline survey, the mCPR in Korangi Town is 41.6%, which has increased from baseline figure of 34.5%. Field station 6 has the lowest mCPR of 37.7%.
- Most of the contraceptive users were Punjabi speaking and in the age group of 30-34 years having four children.
- Private facilities (46.4%) were the main source of contraceptive supplies.

Socio-demographic Characteristics

- The median age of MWRA was 30 years (IQR 26 – 35) and about 73% women had some form of formal education, with 41.1% having secondary and higher level of education.
- Urdu is the most commonly spoken language.
Door-to-door Services by Aman CHWs

• About 91% MWRA were aware of CHWs services, of these, 87% reported household visit by CHWs.
• Sharing of information by CHWs were on benefits of FP (91.5%) and methods of FP (85.7%). Less number of MWRAs reported CHWs sharing about side effects of FP, their remedies and about the referral facilities in Malir town.

Conclusions / Recommendations

• The use of modern methods of contraceptive has increased in Malir Town. However, still a large proportion of family planning users practice traditional methods.
• Among modern methods, condom is the most commonly used method. It is advised to promote other more effective methods.
• Knowledge imparted on side effects is low. Trainings on counseling and management of side effects is advised for CHWs and other providers.

Figure-16: Awareness about Aman Community Health Workers (n = 407)

Figure-17: Discussion about Family Planning

Conclusions / Recommendations

• The use of modern methods of contraceptive has increased in Malir Town. However, still a large proportion of family planning users practice traditional methods.
• Among modern methods, condom is the most commonly used method. It is advised to promote other more effective methods.
• Knowledge imparted on side effects is low. Trainings on counseling and management of side effects is advised for CHWs and other providers.
Reproductive Health Characteristics
• About 34% women have 4 or more children.
• About 52% women chose private health facility for their last delivery.
• 43% women adopted any contraceptive method between 48 hours to 42 days of post-partum period.
• Condom was the preferred method of contraception (43.4%) for post-partum family planning and for post-abortion family planning; pills and condoms were both equally preferred (33.3% each).
• Majority of women who had miscarriage/abortion visited private facility for post-abortion care (83.5%).

Current Contraceptive Use
• At midline survey, the mCPR in Malir Town is 47.5% and has increased from baseline figure of 35.9%.
• Commonly used modern methods were condom and female sterilization.
• Most of the contraceptive users were Pashto speaking and in the age group of 35–39 years having five or more children.
• Private facilities (47.5%) were the main source of contraceptive supplies.

Socio-demographic Characteristics
• The median age of MWRA was 29 years (IQR 25 – 35) and 51.5% were in between 15-29 years of age.
• About 68% women had some form of formal education, with 40.4% having secondary and higher level of education.
• Urdu is the most commonly spoken language.

MALIR TOWN FACT SHEET, MIDLINE ASSESSMENT 2017
The Sukh Initiative emerged out of commitments made at the London Summit held in July 2012. It is a partnership between three private foundations, the Aman Foundation, the Bill & Melinda Gates Foundation and the David and Lucile Packard Foundation. Sukh Initiative is a six-year program (2013-2019), with goal of increasing the use of modern contraceptives by 15 percentage points amongst 0.8 million underserved and 0.2 million LHW covered peri-urban population of Karachi city of Sindh, Pakistan. Sukh Initiative is committed to provide FP related information, counseling, supplies, referrals and quality services to women of reproductive age residing in selected communities. The Initiative has the support of seven national and international consortium partners, of which five are supporting implementation, one strategic communication and one measurement.

Sukh Initiative is being implemented in four towns of Karachi, namely Korangi, Landhi, Bin Qasim and Malir. For administrative purposes, Sukh Initiative established 10 field stations in the catchment area, each covering a population of 100,000 approximately. Of these, field station 10 is located in Malir Town.

Malir Town field station has a current catchment population of 41,971 with 19,569 households and 13,303 married women of reproductive age (MWRA). A total of 21 community health workers (CHWs) are deputed at field station 10 for door-to-door visits. A random sample of 407 MWRA proportionate to population size was interviewed for the midline assessment, 2017.
Door-to-door Services by Aman CHWs

- About 91% MWRA were aware of the services of CHWs; of these, 87% reported household visit by CHWs.
- Sharing of information by CHWs were on the benefits of family planning (91.5%) and methods of family planning (85.7%). A small number of MWRA reported CHWs sharing about side effects of family planning, their remedies, and about the referral facilities in Bin Qasim.

Conclusions / Recommendations

- The use of modern methods of contraceptive has increased at all stations of Bin Qasim Town. However, still a large proportion of family planning users practice traditional methods.
- Among modern methods, condom is the most commonly used method. It is advised to promote other more effective methods.
- Knowledge imparted on the side effects is low; trainings on counseling and management of side effects is advised for CHWs and other providers.

Sukh Initiative is a multi-donor funded family planning and reproductive health project of Aman Health Care Services, implemented through a consortium of local and technical organizations in collaboration with provincial government departments. The project aims to increase modern contraceptive prevalence rate by 15 percentage points in the one million under-served peri-urban population of Karachi city, Sindh, Pakistan.
The Sukh Initiative emerged out of commitments made at the London Summit held in July 2012. It is a partnership between three private foundations, the Aman Foundation, the Bill & Melinda Gates Foundation and the David and Lucile Packard Foundation. Sukh Initiative is a six-year program (2013-2019), with goal of increasing the use of modern contraceptives by 15 percentage points amongst 0.8 million underserved and 0.2 million LHW covered peri-urban population of Karachi city of Sindh, Pakistan. Sukh Initiative is committed to provide FP related information, counseling, supplies, referrals and quality services to women of reproductive age residing in selected communities. The Initiative has the support of seven national and international consortium partners, of which five are supporting implementation, one strategic communication and one measurement. Sukh Initiative is being implemented in four towns of Karachi, namely Korangi, Landhi, Bin Qasim and Malir. For administrative purposes, Sukh Initiative established 10 field stations in the catchment area, each covering a population of 100,000 approximately. Of these, field stations 1, 2, and 3 are located in Bin Qasim.

Bin Qasim field stations have a current catchment population of 211,874 with 43,866 households and 35,864 married women of reproductive age (MWRA). A total of 52 community health workers (CHWs) are deployed in Bin Qasim Town for door-to-door visits; 20 at field station 1, 15 at field station 2, and 17 at field station 3.

A random sample of 1008 MWRA proportionate to population size of each station was interviewed for the midline assessment, 2017. Socio-demographic Characteristics

- The median age of MWRA was 28 years (IQR 24 – 34) and 56% were in between 15-29 years of age.
- About 60% completed some form of formal education, with 17.6% having secondary and higher level of education.
- Sindhi is the most commonly spoken language.

Reproductive Health Characteristics

- About 42% women have 4 or more children.
- About 48% women chose private health facility for their last delivery.
- 14.3% women adopted any contraceptive method between 48 hours to 42 days of post-partum period.
- Condom and injections were the preferred method of contraception (30.0% and 29.2%, respectively) for post-partum family planning and for post-abortion family planning, condom was preferred method (40.3% each).
- Majority of women who had miscarriage/abortion visited private facility for post-abortion care (64.7%).

Current Contraceptive Use

- At midline survey, the mCPR of Bin Qasim Town is 34.2%, which has increased from baseline figure of 28.2%.
- Field station 2 has the lowest mCPR of 33.4%.
- Commonly used modern methods were condom and female sterilization.

Most of the contraceptive users were Urdu speaking and in the age group of 30-39 years having five and more children.
- Private facilities (54.5%) were the main source of contraceptive supplies.

Figure-1: Age Distribution of MWRA (n = 1008)
Figure-2: Major Languages spoken (n = 1008)
Figure-3: Major Languages spoken (n = 1008)
Figure-4: Percent of MWRA according to Number of Living Children (n = 805)
Figure-5: Place of Last Delivery (n = 606)
Figure-6: Post-partum Family Planning Use (n = 596)
Figure-7: Post-partum Family Planning Method Mix (n = 222)
Figure-8: Post-partum Family Planning Method Mix (n = 27)
Figure-9: Type of Health Facility Visited for Post-abortion Care (n = 87)
Figure-10: Ever and Current Use of any Modern Method (n = 1008)
Figure-11: Current Use of Contraceptive Methods (n = 1008)
Figure-12: Current Use of Contraceptive Methods by Age Groups (n = 1008)
Figure-13: Contraceptive Method Mix by Major Spoken Language (n = 1005)
Figure-14: Contraceptive Method Mix by Parity (n = 807)
Figure-15: Source of Obtaining Contraceptive Method Last Time (n = 336)
Door-to-door Services by Aman CHWs

- About 92% MWRAs were aware of the services of CHWs, of these, 89.6% reported household visit(s) by CHWs.
- Sharing of information by CHWs were on the benefits of family planning (94.5%) and methods of FP (87.8%). A small number of MWRAs reported CHWs sharing about side effects of family planning, their remedies and about the referral facilities in Landhi Town.

Conclusions / Recommendations

- The use of modern methods of contraception has increased at both stations of Landhi. However, still a large proportion of family planning users practice traditional methods.
- Among modern methods, condom is the most commonly used method, it is advised to promote other more effective methods.
- Knowledge imparted on side effects is low, trainings on counseling and management of side effects is advised for CHWs and other providers.
LANDHI TOWN FACT SHEET, MIDLINE ASSESSMENT 2017

The Sukh Initiative emerged out of commitments made at the London Summit held in July 2012. It is a partnership between three global foundations, the Bill & Melinda Gates Foundation and the David and Lucile Packard Foundation. Sukh Initiative is a six-year program (2013-2019), with the goal of increasing the use of modern contraceptives by 15 percentage points amongst 0.8 million underserved and 0.2 million LMH covered peri-urban population of Karachi city of Sindh, Pakistan. Sukh Initiative is committed to provide FP related information, counseling, supplies, and post-partum family planning for post-abortion family planning (42.2%) were the main source of contraceptive supplies.

Socio-demographic Characteristics
- The median age of MWRA was 29 years; 10% were in between 15-29 years of age.
- About 64% women had some form of formal education, with 29.4% having completed secondary and higher level of education.
- Pashto is the most commonly spoken language.
- About 64% women had some form of formal education, with 29.4% having completed secondary and higher level of education.
- 37% women spoke Punjabi and in the age group of 15-29 years having less than 42 days to one month children.
- Private facilities (42.2%) were the main source of contraceptive supplies.

Reproductive Health Characteristics
- 40% women have 4 or more children.
- 58% women chose private health facility for their last delivery.
- 11.5% women adopted any contraceptive method between 44 days to 42 days of post-partum period.
- Condom was the preferred method of contraception for post-partum family planning and for post-abortion family planning (42.4% each).
- Most of the contraceptive users were Punjabi speaking and in the age group of 16-29 years having less than 42 days to one month children.

Current Contraceptive Use
- At midline survey, the mCPR in Landhi Town is 47.0% and has increased from baseline figure of 30.7%. More or less, all three stations have similar mCPR.
- The Sukh Initiative established 10 field stations in towns of Karachi, namely Korangi, Landhi, Bin Qasim and Mithi. For administrative purposes, Sukh Initiative established 10 field stations in Landhi Town for door-to-door visits; 18 at field station 8 and 14 at field station 9.
- Major Spoken Languages: Urdu Punjabi Sindhi Pashto Balochi Hindko Others
- About 11.5% women spoke Punjabi and in the age group of 15-29 years having less than 42 days to one month children.
- Private facilities (42.2%) were the main source of contraceptive supplies.

Figure-1: Age Distribution of MWRA (n = 604)

Figure-2: Education Status of MWRA (n = 604)

Figure-3: Major Languages spoken (n = 604)

Figure-4: Percent of MWRA according to Number of Living Children (n = 479)

Figure-5: Place of Last Delivery (n = 365)

Figure-6: Post-partum Family Planning Use (n = 360)

Figure-7: Post-partum Family Planning Method (n = 100)

Figure-8: Type of Health Facility Visited for Post-abortion Care (n = 360)

Figure-9: Post-abortion Contraceptive Method Use (n = 11)

Figure-10: Ever and Current Use of any Modern Method (n = 604)

Figure-11: Current Use of Contraceptive Methods (n = 604)

Figure-12: Contraceptive Method Mix by Age Groups (n = 604)

Figure-13: Contraceptive Method Mix by Major Spoken Language (n = 604)

Figure-14: Contraceptive Method Mix by parity (n = 484)

Figure-15: Source of Obtaining Contraceptive Method Last Time (n = 277)